

## CALENDAR

<b>MONDAY, February 16</b>		<b>FRIDAY, February 20</b>	
Church Office	CLOSED	Church Office	CLOSED
Chair Yoga (Hall)	9:30-10:30	AA	7:00
Season For The Spirit (Kraft)	11:00	<b>SATURDAY, February 21</b>	
AA (Hall)	6:30-7:30	<b>SUNDAY, February 22</b>	
Bonsai Club (Basement)	6:30	First Sunday In Lent	
<b>TUESDAY, February 17</b>		Worship 10:00	
Church Office	9:00-1:00	Coffee Hour 11:15	
Sacred Ground (Hall)	5:00		
<b>WEDNESDAY, February 18</b>			
Church Office	9:00-1:00		
Prayer Circle	9:30		
Ash Wed Soup Supper (Hall)	6:15		
Ash Wed Worship	7:00		
<b>THURSDAY, February 19</b>			
Church Office	9:00-1:00		
Chair Yoga (Hall)	9:30		
Handbells (Sanctuary)	6:00		



## Transfiguration Mardi Gras Sunday

Sunday, February 15 | 10 o'clock in the morning

40 School Street | Post Office Box 436 | Cotuit, MA 02635

[www.cotuitfederatedchurch.org](http://www.cotuitfederatedchurch.org) | 508-428-6163

## Holy Week

at Cotuit Federated Church

**Palm Sunday**, March 29 at 10am

**Maundy Thursday**, April 2 at 7pm in the Sanctuary

**Good Friday**, April 3 at 12pm in the Sanctuary

**Easter Sunrise**, April 5 at 6am at Loop Beach

**Easter Day Festival Service**, April 5 at 10am

Wilderness



Cover:  
*The Coastlands Wait for His Teaching*  
by Jan Richardson

### **The Bravest Thing We Can Do**

*Trust your belovedness.  
Let it be a protest,  
an act of resistance,  
a song of celebration.*

*Trust your belovedness in a world  
that is rarely satisfied.  
Wear it like a badge of honor.  
Speak it as confidently as your last  
name.  
Tattoo it to your heart.*

*When outside forces  
chip away at your sense of self,  
when life asks you  
to hand over the keys,  
remember the water.  
Remember creation.*

*Remember how it was good,  
so very good.  
Let that truth hum through your veins.  
Sing it so loud  
that it drowns out the weariness of the  
world,  
for the bravest thing we can ever do  
is trust that we belong here.*

—Rev. Sarah (Are) Speed

**GUEST INFORMATION:** Thank you for worshipping with us today! Pick up a welcome brochure to learn more about our church. Join us for coffee hour following today's worship — just follow the crowd to our community room (Hamilton Hall). Both our sanctuary and community room are handicapped-accessible at the High Street entrance. Handicapped parking is available on High Street. Please ask a Greeter or Deacon to answer any questions.

**FELLOWSHIP PADS:** Whenever you have questions or comments, feel free to note them in the red fellowship pads available at each pew. Everyone — guests and regular attenders alike — are asked to sign the fellowship pads when passed during the offering. If you are a first time visitor, please include your email or physical mailing address.

**PRAYER CARDS:** You will find prayer request cards at the Welcome Center and in the pew racks. You are invited to fill out a card and place it in the offering basket. If you want your request included in next Sunday's bulletin, please check the appropriate box.

**OUR E-LIST:** The "Weekly Word" is an e-mail newsletter for our members and friends. If you do not receive it and would like to, please complete the Newcomer form available in the Welcome Packet, or call the Church Office at (508) 428-6163 or e-mail [office@cotuitfederatedchurch.org](mailto:office@cotuitfederatedchurch.org) to sign up.

**ALTAR FLOWERS:** If you would like to donate flowers on any given Sunday, please sign up on the Sign-Up Sheet or contact Shannon in the office—(508) 428-6163— with your dedication.

***Please join us today for coffee and refreshments  
following the service.***

## ANNOUNCEMENTS

MIRACLE KITCHEN & FAITH FAMILY KITCHEN:

**Thursday, February 12th, Wednesday, Feb 18th, Tuesday, Feb 24th**

The Salvation Army (100 North Street, Hyannis) is back up and running. Miracle Kitchen food will be prepared there on the 2nd Thursday and 4th Tuesday of each month. The Faith Family Kitchen is also back and is the 3rd Wednesday of the month 4:30 –7 p.m.

SMALL GROUP BIBLE STUDY-PART II EXODUS SERIES

**Every other Tuesday beginning, January 13, 6:30 in Hamilton Hall**

SACRED GROUND

**Every other Tuesday beginning, January 20, 6:30 in Hamilton Hall**

A Film and Discussion Based Series on Race and Faith. Cotuit residents Lallie Lloyd and David Miller joined us for a racial justice forum in December that introduced an upcoming series they will be leading with Pastors Dan and Angie. The two groups are now full and will be led by Pastor Dan and Lallie, and by Pastor Angie and David. See the Weekly Word for additional information.

A SEASON FOR THE SPIRIT-WEEKLY SPIRITUAL FORMATION GROUP

**Mondays in Lent (starting Feb 16) — 11 am - noon Kraft Room**

In 1991, an Episcopal priest named Martin Smith wrote a book of Lenten devotionals called "A Season for the Spirit: Readings for the Days of Lent." Since that time, Christians of every stripe have found his words to be a provocative and trustworthy guide through the 40 days of Lent. Blending keen insights into scripture with personal and theological reflections and with wide array of sacred and secular references, Smith gently invites readers into "a forty day pilgrimage of self discovery." Dan Smith will be leading this weekly Lenten study. There will be time for a soulful check-in, silence and sharing reflections about the readings. Space is limited, and a commitment to weekly attendance is important. To sign up, please contact Dan by Sunday, February 8th.

TODAY'S SERVERS

Ministers: *The People of Cotuit Federated Church*  
Pastor: *Rev. Angela Menke Ballou* | Community Minister: *Rev. Daniel Smith*  
Deacon: *Nancy Radosevic* | Director of Music: *Megan Anthony*  
Lay Reader: *Ellen Wakefield* | Greeters: *Chris Knight & Kate Christian*  
Director of Christian Education: *Lynne Belfiore*  
Admin. Assistant for Ministry: *Shannon Boon*

TODAY'S HAPPENINGS

- Worship 10:00
- Church School 10:15
- Coffee Hour 11:15
- CraftFest Meeting 11:30

LOOKING AHEAD



WORSHIP CELEBRATION

PRELUDE

ANNOUNCEMENTS, JOYS AND CONCERNS

PASSING THE PEACE OF CHRIST

The Passing of the Peace is the oldest part of the Christian liturgy and is a special way we welcome each other as brothers and sisters in Christ. You are invited to greet members with a handshake or hug, or contactless through hands over your heart, waving or giving the peace sign.

INTROIT

*CFC Tambourines*

**O' When The Saints**

\*CALL TO WORSHIP & INVOCATION

*Ellen Wakefield*

One: Source of Life, in the beginning,  
**Many: you made us and called us beloved.**

One: When we forget how to love,  
**Many: you remind us we are beloved.**

One: When the powers of the world try to oppress us,  
**Many: you name us beloved.**

*(Continued On Next Page)*

One: We are your beloved, so today we sing your praises, Source of Love.

**All: Loving God, Living Word,  
Help us be present to your Spirit moving among us here  
as we open ourselves to scripture that both comforts and  
challenges.  
Breathe your holy wisdom into human words; imbue us with  
the boldness to wrestle blessing from your Holy Word.  
As we bring old baggage and our own fresh, unique insights,  
open our hearts and minds to your good news, here and  
now. Amen.**

\*HYMN The Faith We Sing #2173  
*Please join in singing.*

***Shine, Jesus, Shine***

CALL TO CONFESSION *Ellen Wakefield*

PRAYER OF CONFESSION *Ellen Wakefield*

One: Let us pray for healing, pardon and peace.

**All: Divine Creator, we come before you with humble hearts,  
acknowledging our shortcomings and seeking forgiveness. We  
confess, O God, that we have subjected others to the kind of  
rejection and misunderstanding that you yourself experienced in  
the form of Jesus.**

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\*CLOSING HYMN The United Methodist Hymnal #404  
*Please join in singing.*

***Every Time I Feel The Spirit***

BENEDICTION

POSTLUDE

Please join us in Hamilton Hall for a Mardi Gras coffee hour!



**Prayer in Song:**

*Light before us, light behind us  
light beneath our feet  
Light within us, light above us  
Let all around us be light*

*Christ before us, Christ behind us  
Christ beneath our feet  
Christ within us, Christ above us  
Let all around us be Christ.*

OFFERTORY

**Invitation To Offering**

**Offertory**

**\*Doxology:**

*Praise God, from whom all blessings flow,  
Praise God, all creatures here below,  
Praise God, above, ye heavenly hosts  
Creator, Christ, and Holy Ghost. Amen*

**\*Prayer of Dedication**

**All: We try to control the paths of those we love, deeming them “out of their minds” or unworthy of acceptance when they veer from our expectations for how they “should” be or whom they “should” love.**

**Meanwhile, in moments of doubt, we have sometimes sought approval from those who do not understand our truth instead of finding solace in the chosen family you have blessed us with.**

**Have mercy on us, O God, when we have believed what others say about us rather than what you promise. Have mercy on us, O God, when we have caused others to doubt your love.**

**In times of fear and uncertainty, may we find solace in your promises, O God.**

**Even if our earthly relationships falter, you remain steadfast in your love for us. Strengthen us with the knowledge that you will always take us in and hold us close, especially when we feel alone or misunderstood by those we hold dear. Help us, O God, to live authentically and boldly as the children you created us to be.**

**Strengthen us to embody your love and courage in all that we do. Guide us to walk humbly, act justly, and extend grace and mercy to all whom we encounter. May our lives be a reflection of your boundless love and embrace. In your holy name we pray. Amen.**

WORDS OF FORGIVENESS

*Rev. Angela Menke Ballou*

CHORAL ANTHEM

CFC Choir with Lucas Patton, Trumpet

**Sing Of The Lord's Goodness**

Ron Mallory

CHILDRENS MOMENT

Rev. Angela Menke Ballou

(CHILDREN ARE INVITED TO SUNDAY SCHOOL)

\* HYMN

The United Methodist Hymnal #103

Please join in singing.

**Immortal, Invisible, God Only Wise**

HEBREW BIBLE READING

Ellen Wakefield

Exodus 24:12-18

GOSPEL READING

Rev. Angela Menke Ballou

Matthew 17: 1-9

SERMON

Rev. Angela Menke Ballou

**Seen, Known, Loved**

PRAYERS OF THE PEOPLE

Rev. Angela Menke Ballou

**Prayer in Song:**

Peace before us, peace behind us  
Peace beneath our feet  
Peace within us, peace above us  
Let all around us be peace

Love before us, love behind us  
Love beneath our feet  
Love within us, love above us  
Let all around us be love

**Gathering of the Prayers**

**Lord's Prayer**

Our Father who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread and forgive  
us our trespasses as we forgive those who trespass  
against us. And lead us not into temptation, but deliver  
us from evil, for thine is the kingdom and the power  
and the glory forever. Amen.