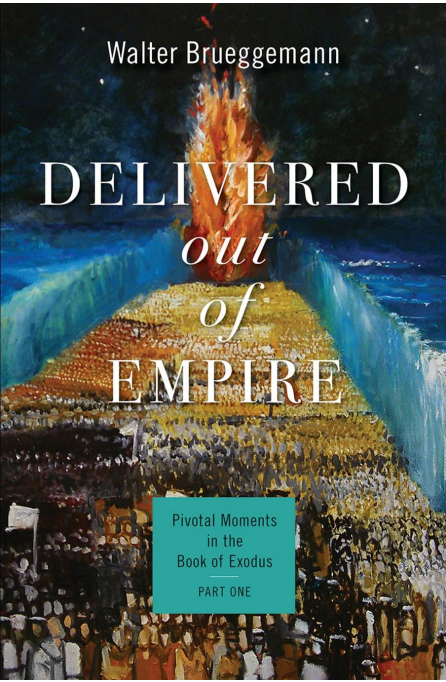



CALENDAR			
MONDAY, September 29		SATURDAY, October 4	
Church Office	8:30-12:30	SUNDAY, October 5 17th Sunday After Pentecost	
Chair Yoga (Hall)	9:30-10:30		
AA (Hall)	6:30-7:30		
TUESDAY, September 30		Worship	
Church Office	8:30-12:30	Baptism (during worship)	
Bible Study (Hall)	6:30	Coffee Hour	
WEDNESDAY, October 1		Confirmation	
Church Office	8:30-12:30	Calmer Choice Meditation	
Prayer Circle	9:30	REMINDER: If you holding a meeting at Cotuit Federated Church, please let the office know so we can avoid scheduling conflicts. Thank you in advance for your help!	
Pastor Parish (Kraft)	1:00		
Women's AA	6:30		
THURSDAY, October 2			
Church Office	8:30-12:30		
Chair Yoga (Hall)	9:30-10:30		
FRIDAY, October 3			
AA	7:00		

FALL SMALL GROUP BOOK STUDY

Our Fall small group book study will be on Exodus covering Walter Brueggemann’s, Delivered Out Of Empire. Books are available in Hamilton Hall for \$15 along with a signup sheet for Tuesday night study.



Sixteenth Sunday After Pentecost

Sunday, September 28, 2025 | 10 o'clock in the morning

40 School Street | Post Office Box 436 | Cotuit, MA 02635
www.cotuitfederatedchurch.org | 508-428-6163

Bulletin Cover:

*Making bricks in the 15th century BC
for Karnak², Rekhmire's tomb*

*“All labor that uplifts humanity
has dignity and importance
and should be undertaken with
painstaking excellence.”*

~Martin Luther King, Jr.

GUEST INFORMATION: Thank you for worshipping with us today! Pick up a welcome brochure to learn more about our church. Join us for coffee hour following today's worship — just follow the crowd to our community room (Hamilton Hall). Both our sanctuary and community room are handicapped-accessible at the High Street entrance. Handicapped parking is available on High Street and in the driveway to Hamilton Hall. Please ask a Greeter or Deacon to answer any questions.

FELLOWSHIP PADS: Whenever you have questions or comments, feel free to note them in the red fellowship pads available at each pew. Everyone — guests and regular attenders alike — are asked to sign the fellowship pads when passed during the Offering. If you are a first time visitor, please include your email or physical mailing address.

PRAYER CARDS: You will find prayer request cards at the Welcome Center and in the pew racks. You are invited to fill out a card and place it in the offering basket. If you want your request included in next Sunday's bulletin, please check the appropriate box.

OUR E-LIST: The “Weekly Word” is an e-mail newsletter for our members and friends. If you do not receive it and would like to, please complete the New Comer form available in the Welcome Packet, or call the Church Office at (508) 428-6163 or e-mail cfc436@gmail.com to sign up.

ALTAR FLOWERS: If you would like to donate flowers on any given Sunday, please sign up on the Sign-Up Sheet or contact Shannon in the office—(508) 428-6163— with your dedication.

*Please join us today for coffee and refreshments
following the service.*

ANNOUNCEMENTS

MIRACLE KITCHEN & FAITH FAMILY KITCHEN:

Thursday, Sept. 11th, Wednesday, Sept. 17th & Tuesday, Sept. 23rd

The Salvation Army (100 North Street, Hyannis) is back up and running. Miracle Kitchen food will be prepared there on the 2nd Thursday and 4th Tuesday of each month. The Faith Family Kitchen is also back and is the 3rd Wednesday of the month 4:30 –7 p.m. For more information about volunteering for either of these wonderful programs, contact Ken Molloy at kmacape@comcast.net.

NEWCOMER/NEW MEMBER GATHERINGS:

If you are new to the community and interested in learning more about us, or if you have been away from the community and are interested in recommitting to walk with us in faith, or if you have been part of the community for a long time and are finally ready to take the leap of faith to becoming a member, then these gatherings are for you:

- **Sunday, September 28:** Q&A with Pastor Angie
[11:30 am, in the Kraft room]
- **Sunday, October 19:** Beloved Community & Covenant Care
[11:30 am in the Narthex]
- **Thursday, October 30:** Meet with church leadership
[6:30 pm, in Hamilton Hall]

There will be a special Celebration of Faith and Covenant for those who choose to join Cotuit Federated Church on Sunday, November 9, during the morning worship service. Please join us in conversation as we explore what it means to journey together in faith.

CAN WE TALK..ABOUT IMMIGRATION REFORM?

Tuesday, October 14th at 6:30 p.m. in Hamilton Hall

Join us for an urgent community conversation on immigration, featuring local experts and advocates discussing the challenges facing immigrants on Cape Cod. The evening will include updates, personal stories, and practical ideas for action, followed by Q&A.

TODAY'S SERVERS

Ministers: *The People of Cotuit Federated Church*

Pastor: *Rev. Angela Menke Ballou* | Community Minister: *Rev. Daniel Smith*

Director of Music: *Megan Anthony*

Deacon: *Kathi Campbell* | Worship Steward: *Cindy Kenna & Susan Shepherd*

Lay Reader: *Craig Mayen* | Greeters: *Kathi Campbell & Cindy Kenna*

Director of Christian Education: *Lynne Belfiore*

Admin. Assistant for Ministry: *Shannon Boon*

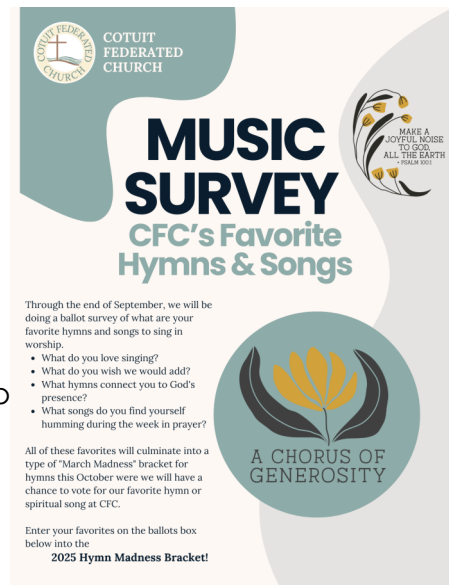
Thank you to all those who serve!

TODAY'S HAPPENINGS

- Worship
- Coffee Hour
- New Member Gathering
- Confirmation Class

This Sunday, on the slip of paper you were given with your bulletin, we are collecting your favorite hymns and songs to sing in worship. What do you love singing? What do you wish we would add? What hymns connect you to God's presence? What songs do you find yourself humming during the week in prayer?

In Hamilton Hall, you will find a ballot box. You can place your selections there during coffee hour or place it in the offering basket. On each slip of paper, list a hymn or song title. You can add as many hymns or songs as you wish at this stage of the process. The top votes will be entered into our HYMN MADNESS BRACKET which will start the first week of October.



WORSHIP CELEBRATION

PRELUDE

ANNOUNCEMENTS, JOYS AND CONCERNS

PASSING THE PEACE OF CHRIST

The Passing of the Peace is the oldest part of the Christian liturgy and is a special way we welcome each other as brothers and sisters in Christ. You are invited to greet members with a handshake or hug, or contactless through hands over your heart, waving or giving the sign of the peace.

INTROIT

I Woke Up This Morning With My Mind Stayed On Freedom

Well I woke up this morning with my mind stayed on freedom

Woke up this morning with my mind stayed on freedom

Woke up this morning with my mind stayed on freedom

Hallelu, Hallelu, Hallelujah

[Verse 2]

Well, I'm singing and praying with my mind stayed on freedom

I'm singing and praying with my mind stayed on freedom

I'm singing and praying with my mind stayed on freedom

Hallelu, Hallelu, Hallelujah

WELCOMING THE LIGHT OF THE WORLD

*Congregation stands. Please remain seated whenever you would be more comfortable.

***CALL TO WORSHIP & INVOCATION**

Craig Mayen

One: Beloved, whether you woke up weary and woeful,
or happy and hopeful, come in!
Many: Come in and stay your minds on freedom!

One: Come in and set your hearts on love!
Many: Come in, still your souls in God's peace!

One: Singin' and prayin' ...
Many: Livin' and lovin'...

**All! Come in, and give thanks and praise to God!,
who hears our cries and who sees us through!**

***OPENING HYMN**

The United Methodist Hymnal #448

Please join in singing.

**Go Down, Moses
(Vs. 1, 3, 4)**

CALL TO CONFESSION

Craig Mayen

**Wake, Now, My Senses
(to the tune of Be Thou My Vision)**

*Wake, now, my senses, and hear the earth call;
feel the deep power of being in all;
keep, with the web of creation your vow,
giving, receiving as love shows us how.*

*Wake, now, my reason, reach out to the new;
join with each pilgrim who quests for the true;
honor the beauty and wisdom of time;
suffer thy limit, and praise the sublime.*

*Wake, now, compassion, give heed to the cry;
voices of suffering fill the wide sky;
take as your neighbor both stranger and friend,
praying and striving their hardship to end.*

*Wake, now, my conscience, with justice thy guide;
join with all people whose rights are denied;
take not for granted a privileged place;
God's love embraces the whole human race.*

*Wake, now, my vision of ministry clear;
brighten my pathway with radiance here;
mingle my calling with all who will share;
work toward a planet transformed by our care.*

BENEDICTION

POSTLUDE

Please join us in Hamilton Hall for a coffee hour!

Prayer in Song:

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love; send us pow'r; send us grace.*

OFFERTORY

Invitation To Offering

Offertory

***Doxology:**

*Praise God, from whom all blessings flow,
Praise God, all creatures here below,
Praise God, above, ye heavenly hosts
Creator, Christ, and Holy Ghost. Amen*

***Prayer of Dedication**

***CLOSING HYMN**

Please join in singing.

Lyrics on next page

Wake, Now, My Senses
(to the tune of Be Thou My Vision)

PRAYER OF CONFESSION

Craig Mayen

All: Loving God, Holy Deliverer, Dawn from on high, we praise you for hearing the cries of the oppressed, and for leading us through the wilderness of this time. We thank you for alighting the burning bushes in our lives and journey and for calling us to wonder and attention. Forgive us for our indifference to the vulnerable in our midst. Give us ears and hearts ready to hear the cries of oppressed. Give us strength to speak the truth in love to today's Pharaohs. Loving God, Holy Deliverer, Dawn in our despair, draw us ever closer to you that we might join in your work, and follow in your way, now and always. Amen.

WORDS OF FORGIVENESS

Rev. Angela Menke Ballou

CHORAL ANTHEM

CFC Choir

Deep In The Shadows Of The Past

CHILDREN'S MOMENT & SONG "PHAROAH, PHAROAH"

(CHILDREN ARE INVITED TO CHURCH SCHOOL)

TESTIMONIAL

Rev. John Terry

HEBREW BIBLE LESSON
Exodus 5

Rev. Angela Menke Ballou

NEW TESTAMENT LESSON
Ephesians 6:10-18

Craig Mayen

SERMON

Rev. Angela Menke Ballou

The Powers That Be

PRAYERS OF THE PEOPLE

Prayer in Song:

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love; send us pow'r; send us grace.*

Gathering of the Prayers

Prayer in Song:

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love; send us pow'r; send us grace.*

Lord's Prayer

*Our Father who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in
heaven. Give us this day our daily bread and forgive
us our trespasses as we forgive those who trespass
against us. And lead us not into temptation, but deliver
us from evil, for thine is the kingdom and the power
and the glory forever. Amen.*