

CALENDAR

MONDAY, July 7		SATURDAY, July 12	
Church Office	9:30-1:30		12:00
Chair Yoga (Hall)	9:30-10:30		
AA (Hall)	6:30-7:30		
TUESDAY, July		SUNDAY, July 13	
		5th Sunday After Pentecost	
Church Office	9:30-1:30	Worship	10:00
Cape Harmony	7:30	Coffee Hour	11:15
WEDNESDAY, July 9		REMINDER: If you holding a meeting at Cotuit Federated Church, please let the office know so we can avoid scheduling conflicts. Thank you in advance for your help!	
Church Office	9:30-1:30		
Prayer Circle	9:30		
Women's AA	6:30		
THURSDAY, July 10			
Church Office	9:30-1:30		
Chair Yoga (Hall)	9:30-10:30		
Miracle Kitchen	10:30		
Handbells (Sanctuary)	6:00		
Cotuit Athletic Assoc (Hall)	6:00		
FRIDAY, July 11			
AA	7:00		



Messenger To  
The Collective

Fourth Sunday After Pentecost

Sunday, July 6, 2025 | 10 o'clock in the morning

40 School Street | Post Office Box 436 | Cotuit, MA 02635  
www.cotuitfederatedchurch.org | 508-428-6163

## Please

by Rosemerry Wahtola Trommer

If you are one who has practice  
meeting the pain of the world,  
we need you. Right now we need you  
to teach us it is possible to swallow  
what is weighty and still be able to rise.

We need you to remind us we can  
be furious and scared and near feral  
over injustice and still thrill at the taste  
of a strawberry, ripe and sweet,  
can still meet a stranger and shake  
their hand, believing in their  
humanness.

We need you to show us how  
we, too, can fall into the darkest,  
unplumbed pit and learn there  
a courage and beauty  
we could never learn from the light.

If you have drowned in sorrow  
and still have somehow found  
a way to breathe, please, lead us.  
You are the one with the crumbs  
we need, the ones we will use to find  
our way back to the home of our  
hearts.

**GUEST INFORMATION:** Thank you for worshipping with us today! Pick up a welcome brochure to learn more about our church. Join us for coffee hour following today's worship — just follow the crowd to our community room (Bruce Hall). Both our sanctuary and community room are handicapped-accessible at the High Street entrance. Handicapped parking is available on High Street and in the driveway to Bruce Hall. Please ask a Greeter or Deacon to answer any questions.

**FELLOWSHIP PADS:** Whenever you have questions or comments, feel free to note them in the red fellowship pads available at each pew. Everyone — guests and regular attenders alike — are asked to sign the fellowship pads when passed during the Offering. If you are a first time visitor, please include your email or physical mailing address.

**PRAYER CARDS:** You will find prayer request cards at the Welcome Center and in the pew racks. You are invited to fill out a card and place it in the offering basket. If you want your request included in next Sunday's bulletin, please check the appropriate box.

**OUR E-LIST:** The "Weekly Word" is an e-mail newsletter for our members and friends. If you do not receive it and would like to, please complete the New Comer form available in the Welcome Packet, or call the Church Office at (508) 428-6163 or e-mail [cfc436@gmail.com](mailto:cfc436@gmail.com) to sign up.

**ALTAR FLOWERS:** If you would like to donate flowers on any given Sunday, please sign up on the Sign-Up Sheet or contact Shannon in the office—(508) 428-6163— with your dedication.

*Please join us today for coffee and refreshments  
following the service.*

## ANNOUNCEMENTS

### MIRACLE KITCHEN & FAITH FAMILY KITCHEN:

**Thursday, July 10th, Wednesday, July 16th & Tuesday July 22nd**

The Salvation Army (100 North Street, Hyannis) is back up and running. Miracle Kitchen food will be prepared there on the 2nd Thursday and 4th Tuesday of each month. The Faith Family Kitchen is also back and is the 3rd Wednesday of the month 4:30 –7 p.m. For more information about volunteering for either of these wonderful programs, contact Ken Molloy at [kmacape@comcast.net](mailto:kmacape@comcast.net).

### CAPE HARMONY

**Tuesdays 7:30PM**

Cape Harmony is here on Tuesdays. We can still use a few volunteers as a door host. Please use the sign up sheet at the back of Hamilton Hall or email [office@cotuitfederatedchurch.org](mailto:office@cotuitfederatedchurch.org).

### CFC JUSTICE E-NEWS (Coming Soon)

Are you interested in learning more about how you can respond to the Prophet Micah's call to "do justice, love kindness, and walk humbly with God"? Share your email with us at <https://forms.gle/yzRINDCnM3RTsaUw7> and expect a first edition of our new, periodic CFC justice e-newsletter by the end of June. We are trying this new platform to coordinate and share invitations to future protests and other local justice and advocacy efforts. Questions or concerns? Please speak with Dan or Angie!

### "CAPE COD CAMINO WAY" TALK AND WALK

Join Brewster resident Dr. Peggy Jablonksi on Sunday, July 13, from 11:45 am to 12:45 pm, in Hamilton Hall for a presentation on the "Cape Cod Camino Way", a series of guided walks, developed in partnership with local leaders, that explores landmarks, hidden histories, and the living legacies of social and racial justice movements on Cape Cod. On Wednesday, July 30, from 9:30 am to 11:30 am, Peggy and Rev. Dan will lead a walk from the JFK Museum in Hyannis to Zion Heritage Church. All are welcome to both events! For more information or to sign up for the walk, please contact CFC Community Minister, Rev. Dan Smith, at [communityminister@cotuitfederatedchurch.org](mailto:communityminister@cotuitfederatedchurch.org).

TODAY'S SERVERS

Ministers: *The People of Cotuit Federated Church*  
Pastor: *Rev. Angela Menke Ballou* | Community Minister: *Rev. Daniel Smith*  
Director of Music: *Megan Anthony*  
Deacon: *Jen Nash* | Worship Steward: *Cindy Kenna & Susan Shepherd*  
Lay Reader: *Jen Nash* | Greeters: *Gary & Susan Potter*  
Director of Christian Education: *Lynne Belfiore*  
Admin. Assistant for Ministry: *Shannon Boon*

*Thank you to all those who serve!*

TODAY'S HAPPENINGS

- Worship
- Coffee Hour

WORSHIP CELEBRATION

PRELUDE

ANNOUNCEMENTS, JOYS AND CONCERNS

PASSING THE PEACE OF CHRIST

The Passing of the Peace is the oldest part of the Christian liturgy and is a special way we welcome each other as brothers and sisters in Christ. At this time due to COVID, you are invited to participate by crossing your hands over your heart, waving or giving the sign of the peace.

WELCOMING THE LIGHT OF THE WORLD

\*CALL TO WORSHIP & INVOCATION *Jen Nash*

One: Siblings in the Spirit, God is good!

**Many: All the time!**

One: All the time!

**Many: God is good!**

One: Then, come if you are weary,

**Many: for God will give you rest.**

One: Come if you are hungry,

**Many: for God will fill your heart with blessing.**

*(Cont. on next page)*

One: Come if you are tired of hatred and half-truths,  
Many: and find the way of God's truth, love and justice

All: here in this place where God's presence welcomes us all!

\*OPENING HYMN                      The United Methodist Hymnal #692  
*Please join in singing.*

*Creator Of The Stars Of Night*

CALL TO CONFESSION

PRAYER OF CONFESSION    *Jen Nash*

One:                      Let us pray together:  
All:                      **Before you, O God, and before one another,  
                             we confess the harm we have brought on our lives,  
                             the lives of others, and the life of the world.**

*(Cont. on next page)*

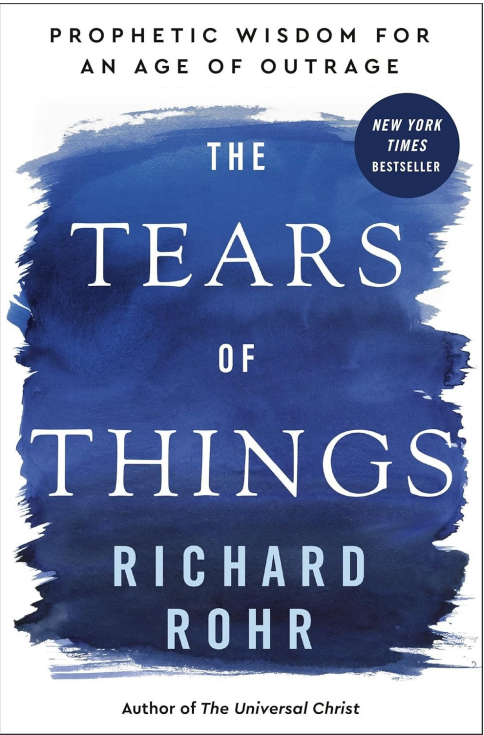
BENEDICTION

POSTLUDE

Please join us in Hamilton Hall for  
coffee hour after worship!

SUMMER READ & WORSHIP SERIES

Our Summer worship series will be based on Richard Rohr's new book The Tears of Things: Prophetic Wisdom for an Age of Outrage. The series will begin on June 22. Copies of the book are available in Bruce Hall for \$25.



SACRAMENT OF HOLY COMMUNION

Hymn of Preparation

*The Lord’s Prayer TFWS#2278*

*Our Father... in heaven... holy is your name...*

*Your kingdom come... your will be done...*

*on earth... as it is in heaven...*

*Give us today... our daily bread... and forgive*

*us our sins... as we forgive those who sin against us...*

*Save us from the time... of trial... and deliver us... from evil...*

*for the kingdom, and the power, and the glory are yours, forever.*

*....and ever...*

Invitation to the Table

Prayer of Consecration

Words of Institution

Sharing of the Bread and the Cup

Prayer of Thanksgiving

\*CLOSING HYMN

The United Methodist Hymnal #577

*Please join in singing.*

**God Of Grace & God Of Glory**

**All: Forgive us, O God.  
Renew us, and enable us to grow in love.  
Teach us again and again the wisdom of the prophets,  
that we may learn together  
how to ‘seek justice, love kindness,  
and walk humbly with you!’  
In Jesus’ name we pray. Amen.**

WORDS OF FORGIVENESS

*Rev. Angela Menke Ballou*

SPECIAL MUSIC

*Carol Giller*

**Try To Remember**

*(Preschoolers and younger aged children are invited to go to the church nursery)*

PRAYERS OF THE PEOPLE

Rev. Angela Menke Ballou

**Prayer in Song:**

*Lord, prepare me, to be a sanctuary  
pure and holy, tried and true  
with thanksgiving I'll be a living,  
sanctuary for you.*

**Gathering of the Prayers**

**Prayer in Song**

*Lord, prepare me, to be a sanctuary  
pure and holy, tried and true  
with thanksgiving I'll be a living,  
sanctuary for you.*

OFFERTORY

Invitation to Offering

**\*Doxology:**

*Praise God, from whom all blessings flow,  
Praise God, all creatures here below,  
Praise God, above, ye heavenly hosts  
Creator, Christ, and Holy Ghost*

**\*Prayer of Dedication**

HEBREW BIBLE LESSON

Rev. Angela Menke Ballou

Amos 5: 10-24

GOSPEL LESSON

Luke 4: 1-13

Jen Nash

SERMON

Rev. Angela Menke Ballou

**Messenger To The Collective**