

CALENDAR		
MONDAY, October 30		
Church Office	10:30-1:30	
Chair Yoga (Hall)	9:00-10:45	
Meditation (Kraft)	11:00-12:15	
Admin Team Meeting (Kraft)	6:00	
AA (Hall)	6:30-7:30	
TUESDAY, October 31		
Church Office	10:30-1:30	
Blood Drive (Hall)	9:00-3:00	
Trunk or Treat (Hall)	5:00-6:30	
WEDNESDAY, November 1		
Church Office	10:30-1:30	
Prayer Circle (Kraft)	9 a.m.	
AA Women's Group (Hall)	6:30—8 p.m.	
THURSDAY, November 2		
Church Office	10:30-1:30	
BET Meeting	8:30 a.m.	
Equipping Meeting (Kraft)	10:00 a.m.	
FRIDAY, November 3		
Church Office	CLOSED	
AA (Hall)	7:00 p.m.	
SATURDAY, November 4		
SUNDAY, November 5		
23rd Sunday After Pentecost		
10:00 a.m. REMINDER: If you holding a meeting at Cotuit Federated Church, please let the office know so we can avoid scheduling conflicts. Thank you in advance for your help!		

Twenty-Second Sunday After Pentecost



Sunday, October 29 | 10 o'clock in the morning  
40 School Street | Post Office Box 436 | Cotuit, MA 02635  
www.cotuitfederatedchurch.org | 508-428-6163

May this sanctuary shelter your life.  
When you come here,  
May all the weight of the world  
Fall from your shoulders.

May your heart be tranquil here,  
Blessed by peace the world cannot give.

May this sanctuary be a blessed place,  
Where the graces your life desires  
Always find the pathway to your door.  
May nothing destructive  
Ever cross its threshold.

May this be a safe place  
Full of understanding and acceptance,  
Where you can be as you are,  
Without the need of any mask  
Of pretense or image.

May this sanctuary be a place of discovery,  
Where the possibilities that renewal  
In the clay of your soul can emerge  
To deepen and refine your vision  
For all that is yet to come to birth.

May it be a house of courage,  
Where healing and growth are loved,  
Where dignity and forgiveness prevail;  
A sanctuary where patience of spirit is prized,  
And the sight of the destination is never lost  
Though the journey be difficult and slow.  
May there be great delight around this altar.  
May it be a sanctuary of welcome  
For the broken and diminished.

May you have the eyes to see  
That no visitor arrives without a gift  
And no guest leaves without a blessing

*Adapted from John O'Donohue's Blessing for a New Home*

**GUEST INFORMATION:** Thank you for worshipping with us today! Pick up a welcome brochure to learn more about our church. Join us for coffee hour following today's worship — just follow the crowd to our community room (Hall). Both our sanctuary and community room are handicapped-accessible at the High Street entrance. Handicapped parking is available on High Street and in the driveway to Bruce Hall. Please ask a Greeter or Deacon to answer any questions.

**FELLOWSHIP PADS:** Whenever you have questions or comments, feel free to note them in the red fellowship pads available at each pew. Everyone — guests and regular attenders alike — are asked to sign the fellowship pads when passed during the Offering. If you are a first time visitor, please include your email or physical mailing address.

**PRAYER CARDS:** You will find prayer request cards at the Welcome Center and in the pew racks. You are invited to fill out a card and place it in the offering basket. If you want your request included in next Sunday's bulletin, please check the appropriate box.

**OUR E-LIST:** The "Weekly Word" is an e-mail newsletter for our members and friends. If you do not receive it and would like to, please complete the New Comer form available in the Welcome Packet, or call the Church Office at (508) 428-6163 or e-mail [cfc436@gmail.com](mailto:cfc436@gmail.com) to sign up.

**ALTAR FLOWERS:** If you would like to donate flowers on any given Sunday, please sign up on the Sign-Up Sheet or contact Shannon in the office—(508) 428-6163— with your dedication.

## ANNOUNCEMENTS

### MIRACLE KITCHEN & FAITH FAMILY KITCHEN:

**Thursday, November 9th, Wednesday, November 15th & Tuesday, November 28th**

The Salvation Army (100 North Street, Hyannis) is back up and running. Miracle Kitchen food will be prepared there on the 2nd Thursday and 4th Tuesday of each month. The Faith Family Kitchen is also back and is the 3rd Wednesday of the month 4:30 –7 p.m. For more information about volunteering for either of these wonderful programs, contact Ken Molloy at [kmacape@comcast.net](mailto:kmacape@comcast.net).

### MEDITATION GROUP:

#### Mondays

Meditation classes are resuming again at CFC on Monday mornings from 11:00–12:15. Each class is a fusion of lovingkindness meditation, mindfulness meditation and mantra meditation. This practice helps us develop the capacity to focus our lovingkind intentions towards ourselves and the world as well as to learn to focus on following the ebb and flow of our breath and also to choose a word or phrase with which to infuse and energize our day. It is a gentle yet deep practice and is appropriate for beginners as well as more experienced meditators.

We will meet in the Kraft Room at CFC. Each class is \$15.

### COTUIT WOMENS FELLOWSHIP:

The Cotuit Women's Fellowship will once again endeavor to create beautiful gift baskets to sell at the "Christmas In Cotuit" celebration this December. Proceeds from the basket sale enable our organization to award college scholarships to our local students. We need donations to make this possible, either as items to fill the baskets or full-assembled baskets. If you need ideas for themes, please contact Sally Warren, Joan Roberts or Chris Sylvia. We aim to be assembling the baskets in mid-November, final date to be announced dependent on volunteer's availability.

## TODAY'S SERVERS

Ministers: *The People of Cotuit Federated Church*

Pastor: *Rev. Angela Menke Ballou* | Director of Music: *Megan Anthony*

Deacon: *Kathi Campbell* | Worship Stewards: *Mary Beth O'Brien & Kristen Mawhinney*

Lay Reader: *Paul Warren* | Greeters: *Kathy Moran & Cindy Kenna*

Director of Christian Education: *Lynne Belfiore*

Admin. Assistant for Ministry: *Shannon Boon*

**Thank you to all who served today!**

## TODAY'S HAPPENINGS

- Church school
- Coffee hour following service

## ANNOUNCEMENTS

### **BLOOD DRIVE:**

**Tuesday, October 31st**

CFC will host Cape Cod Healthcare's blood drive on Tuesday, October 31st from 9:00 a.m.-3:00 p.m.

You can register at <https://srt.capecodhealth.org/donorportal/>

### **HALLOWEEN IN THE HALL:**

**Tuesday, October 31st**

The church school will be sponsoring the first Halloween In The Hall, trick or treating event for local children. We are looking for volunteers to set up between 4-4:30 and hand out candy in the hall from 5:00-6:30 p.m. Please sign up on the sheet at the back of the community hall or by emailing Lynne Belfiore at [cotfedced@gmail.com](mailto:cotfedced@gmail.com)

## WORSHIP CELEBRATION

### PRELUDE

### WELCOME & ANNOUNCEMENTS

### PASSING THE PEACE OF CHRIST

The Passing of the Peace is the oldest part of the Christian liturgy and is a special way we welcome each other as brothers and sisters in Christ. At this time due to COVID, you are invited to participate by crossing your hands over your heart, waving or giving the sign of the peace.

### INTROIT

*The CFC Tambourine Band*

### **Happy**

### \*CALL TO WORSHIP & INVOCATION

*Paul Warren*

One: Joyful, joy-filled:

**All: We praise you!**

One: Quietly, noisily:

**All: We praise you!**

One: With our hearts, with our hands, with our whole being:

**All: We praise you!**

One: You are mighty, you have done great things:

**All: We praise you!**

One: With all our might, and with all of our breath:

**All: We praise you!**

One: Praise the Lord!

**All: Praise the Lord! God of the Dance, may we join you, footsteps all over the place, but keen to be part of the beat of justice, of hope, of life, your life that renews all things. God of the Dance, may we hear the rhythm that repeats and repeats the call to live in justice in balance with creation, in love with each other, alive with life and future. God of the Dance, may we invite others to join, not knowing the steps, but ready to learn, not knowing the steps, but trying out something new, not knowing the steps, but making salsa out of waltzes and laughing all the way. Hear us as we dance with you, God who is known in the circle dance of the Trinity. Amen**

\*OPENING HYMN

*Please join in singing.*

**A Mighty Fortress**

#110

A mighty fortress is our God,  
a bulwark never failing;  
our helper he, amid the flood  
of mortal ills prevailing.  
For still our ancient foe  
does seek to work us woe;  
his craft and power are great,  
and armed with cruel hate,  
on earth is not his equal.

Did we in our own strength confide,  
our striving would be losing,  
were not the right Man on our side,  
the Man of God's own choosing.  
You ask who that may be?  
Christ Jesus, it is he;  
Lord Sabaoth his name,  
from age to age the same;  
and he must win the battle.

And though this world, with devils filled,  
should threaten to undo us,  
we will not fear, for God has willed  
his truth to triumph through us.  
The prince of darkness grim,  
we tremble not for him;  
his rage we can endure,  
for lo! his doom is sure;  
one little word shall fell him.

(Continued On Next Page)

\*CLOSING HYMN

*Please join in singing.*

#383 (v 1-4)

**This Is A Day Of New Beginnings**

This is a day of new beginnings,  
time to remember, and move on,  
time to believe what love is bringing,  
laying to rest the pain that's gone.

For by the life and death of Jesus,  
love's mighty Spirit, now as then,  
can make for us a world of difference  
as faith and hope are born again.

Then let us, with the Spirit's daring,  
step from the past, and leave behind  
our disappointment, guilt and grieving,  
seeking new paths, and sure to find.

Christ is alive, and goes before us  
to show and share what love can do.  
This is a day of new beginnings;  
our God is making all things new.



Lord’s Prayer

*Our Father who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread and forgive  
us our trespasses as we forgive those who trespass  
against us. And lead us not into temptation, but deliver  
us from evil, for thine is the kingdom and the power  
and the glory forever. Amen.*

Prayer in Song

OFFERTORY

*Bell Choir*

**New Beginnings**  
by Ron Mallory

Invitation to Offering

\*Doxology:  
*Praise God from whom all blessing flow,  
Praise God all creature here below,  
Praise God above ye heavenly hosts  
Creator, Christ, and Holy Ghost.*

\*Prayer of Dedication

\*CLOSING HYMN      **(Hymn on next page)**  
*Please join in singing.*

BENEDICTION

POSTLUDE

Liturgy by Spill The Beans

That Word above all earthly powers  
no thanks to them abideth;  
the Spirit and the gifts are ours  
through him who with us sideth.  
Let goods and kindred go,  
this mortal life also;  
the body they may kill:  
God's truth abideth still;  
his kingdom is forever!

PRAYER OF CONFESSION *Paul Warren*

**All:    Dear God,  
Our little church with a big heart yearns to grow.  
With your guidance, our expansion team has been diligently  
working on a physical plan to meet the needs of our ministries.  
They have attentively considered the thoughts and desires of our  
congregation and the surrounding community.**

**Please bless them that they may feel our love and appreciation as  
we continue to faithfully follow your will.**

**This project requires a monumental financial commitment. Please  
continue to lead the capital campaign's growth so that this  
endeavor becomes a reality -- that our little church grows to  
accommodate our big hearts.**

**In doing so, may we continue our work in spreading your love and  
kindness in the ways that you direct us.  
Amen.**

GREETINGS FROM SNEUCC CONFERENCE *Patty Hogut*

CHORAL ANTHEM

**Come And Worship**  
By Dave Fullen & Russell Nagy

HEBREW BIBLE LESSON

Paul Warren

2 Samuel 6:1-5

EPISTLE LESSON

Rev. Angela Menke Ballou

Ephesians 2:19-22

\*HYMN

*Please join in singing.*

**We Would Be Building**

We would be building; temples still undone  
O'er crumbling walls their crosses scarcely lift;  
Waiting till love can raise the broken stone,  
And hearts creative bridge the human rift;  
We would be building,  
Architect Divine  
Reveal the shape of life in your design.

Teach us to build; upon the solid rock  
We set the dream that hardens into deed,  
Ribbed with the steel, that time and change doth mock,  
Th'unfailing purpose of our noblest creed;  
Teach us to build;  
O Maker, lend us slight  
To see the towers gleaming in the light.

O keep us building, Savior; may our hands  
Ne'er falter when the dream is in our hearts,  
When to our ears there come divine commands  
And all the pride of sinful will departs;  
We build with You,  
O grant enduring worth  
Until your promised realm shall come on earth.

MEDITATION

Rev. Angela Menke Ballou

**A Dwelling-Place For God**

SPECIAL MUSIC

Tedi Marsh & Vickie Vieira

**Abundant Blessings**  
By Tedi Marsh & VictoriaVieira

PRAYERS OF THE PEOPLE

**Prayer in Song**

Bless the Lord, my soul, and bless God's holy name.  
Bless the Lord, my soul, who leads me into life.

Gathering of the Prayers  
**Prayer in Song**