



# CHIMES

Spring 2021 Newsletter



## DATES TO REMEMBER

### First Sunday of the Month

*Communion*

### Wednesday, Feb. 17

*7 p.m. Ash Wednesday Service*

### Sunday, Feb. 21, 28, Mar. 7, 14, 21

*10 a.m. LENT Worship Services*

### Sunday, Feb. 28

*11:30 a.m. Building Expansion Mtg.*

### Wednesday, Feb. 24

*6:30 p.m. Forgiveness Book Study  
begins (2/24, 3/3, 10, 17, 24, 31)*

### Monday, Mar. 22 & Tuesday, Mar. 23

*Blood Drive in Bruce Hall*

### Sunday, Mar. 28—Palm Sunday

*10 a.m. Worship Service*

### Thursday, Apr. 1—Maundy Thursday

*7 p.m. Worship Service*

### Sunday, Apr. 4—EASTER

*6 a.m. Sunrise Beach Service*

*10 a.m. Easter Celebration Service*

### Second Thursday and

### Fourth Tuesday of the Month

*Miracle Kitchen*

## Our Vision

Dear Beloved Community,

One of the things that drew me to Cotuit Federated Church was your sense of vision for how God was calling this community. I remember meeting with your search team: Amy Fish, Dick Hamilton, Linda Harmon, Mike O'Toole, and Nancy Radosavic, in the Hamilton's living room. They shared stories of past challenges and tender hopes. A calling to serve the community. A dream of being open, affirming and reconciling. A longing to deepen relationships with God and Christ. Stories of a Vision Team, who read and prayed and created a Vision for this people of God located on Cape Cod.

A few Sundays ago, I shared the words of Rabbi Abraham Joshua Heschel, "Words create worlds." Our words create our worlds, in this way we are made in the image of God, who spoke the entire world into being in the first chapters of Genesis.

I wonder, if this spoken word from our vision, "We desire to have our spirits expanded so that we are ready to discover who we are in God" sparked a little light that not only our spirits, but also our building might be expanded. That our spoken word of what we hoped to co-create with our God is leading us to greater spaciousness, more room for God to move among us, more room to welcome others into the love of God.

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If you would like to schedule a time to meet with Pastor Angie, please contact the Church Office at 508-428-6163 or e-mail [cfc436@comcast.net](mailto:cfc436@comcast.net).

About 5 years ago, we put some guiding principles to this vision, that we wanted to be Grounded in Gratitude, Spiritually Alive, Beloved Community and Christ's Hands. Our then-Moderator Linda Harmon called this our "Spiritual Blueprint." So we have come this far by faith drawing up plans for who we might be with God now and for the coming generations, and we begin to concretely place a new foundation for this Vision. This new space built upon what has come before and stretching into our future with God.

May we be attentive to the movement of the Spirit with us, as we construct more fully who we are called to be in God.

Abundant blessings,

A handwritten signature in black ink that reads "Angie McBallie".

Oh, give us pleasure in the flowers today;  
And give us not to think so far away  
As the uncertain harvest; keep us here  
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,  
Like nothing else by day, like ghosts by night;  
And make us happy bees,  
The swarm dilating round the perfect trees.

And make us happy in the darting bird  
That suddenly above the bees is heard,  
The meteor that thrusts in with needle bill,  
And off a blossom in mid air stands still.

For this is love and nothing else is love,  
The which it is reserved for God above  
To sanctify to what far ends He will,  
But which it only needs that we fulfill.

— Robert Frost

## A Prayer for Spring

### **Sunday Morning Worship continues on FaceBook Live at 10 a.m.**

Sunday worship continues on FaceBook Live at 10 a.m., and Church School via ZOOM Sunday mornings at 9:15 a.m. Updates and new information will be posted in the Weekly Word e-mail. If you don't receive the e-mail on Fridays, sign up at [www.cotuitfederatedchurch.org](http://www.cotuitfederatedchurch.org).

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# PLANTING OUR VISION . . .

## OUR VISION

*Because of our shared commitment to follow Jesus Christ, we envision a community of faith that not only honors who we are but who we are called to be with God. In that spirit, we covenant to be helpful to each other, assuming the best of one another.*

*We desire to have our spirits expanded so that we are ready to discover who we are in God. We seek fellowship with one another because of the joy found when we are truly known.*

*We eagerly nurture compassionate hearts, grateful spirits and a readiness to embrace what God puts before us. We work to be loving and open, in the hope that what God imagines for us will be realized.*

*We aim in all things to be devoted to the mission of being Christ's hands in the Church, the community and the world.*

## Deacons:

In reviewing the Church's overall Vision the Deacons' role falls primarily under the "Community" section. The Deacons strive to extend hospitality to all, helping to make CFC a truly welcoming church. We also seek ways, both large and small, to support the congregation, from name tags, to Christmas lights, to a Soup Supper, to fire response to CPR instruction. Making the Church a safe place is part of the hospitality mission which we embrace!

Finally, perhaps our most important task is to support the Pastor in her leadership of the Church. This shows up as serving at communion, assisting at funerals and weddings, sharing feedback from the congregation and reinforcing her positive message. It also involves providing advice and help when asked and comfort when needed. We feel that it is an honor and privilege to serve as Deacons of the Cotuit Federated Church!

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## Want to get involved?

*Contact the Church Office,  
we'll connect you!*

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Submitted by  
Dick Hamilton

## Mission Team:

As I write this, the Covid-19 vaccine will be available soon for those in the Phase Two group. This is the light at the end of that proverbial tunnel we are all watching and will factor into our vision for the near future as we go forward with missions in our community. We are all looking forward to being able to volunteer with each other at the Salvation Army and Faith Family Kitchen, to go shopping for the food needed in our food drives, to packing those food bags with each other after coffee hour and to greeting the guests and families in person again; however, it is too soon to say when any of those can safely take place.

Planting our vision for Lent and Easter in 2021 will look a lot like our vision was for Thanksgiving and Christmas and those holidays rocked! I am still in awe of the generosity of our community and church members as we provided holiday meals to those in our area struggling with food security. There were donated diapers and food brought to Angel House, extra non-perishable food given to Faith Family Kitchen guests and additional food was provided to local food pantries. The gratitude from those who received these meals,

(continued on Page 4)





food and diapers was so gracious and kind. We will be again partnering with the Cotuit Fire Department to provide food for Easter meals. We will be delivering those meals the last weekend in March so be on the lookout in the Weekly Word for details.

Bagged lunches continue to be provided to the guests at Salvation Army by an army of shoppers and volunteers that gather in our kitchen three times a month to put the lunches together and deliver to them. It will be a glorious day when we can again prepare and serve a hot meal at the Salvation Army kitchen in Hyannis.

Hot meals are served three nights a week at Faith Family Kitchen and I know that the Permanent Pandemic team and the chefs there are looking forward to when more volunteers will be able to safely help. As a church we continue to support this mission with funding, a volunteer and with prayers for those in our community who depend on this program for a warm meal, extra food and the most important ingredient, love.

Our vision for the future involves all members of our church. Please send your ideas of how we can use our gifts to help others to a member of the mission team — Ken Molloy, Karen Young, Linda Marsh, Ed Lott, or Pat Uhlman.

Submitted by  
Pat Uhlman

## HELP US GROW!

### Join a Ministry Team . . .

Each year, the Equipping Ministry and Growth Team recruits new members for the various church teams in time for the Annual Meeting in June. To do that, we look at our "Gifts We Bring" surveys, and we also think about who might enjoy the ministry of one of our church teams. We encourage people to serve where they feel "holy and alive."

If you would like to become involved in one of the team ministries, feel free to speak with one of us on the Equipping Team or Pastor Angie. We can answer your questions and give you information about the various teams' ministries.

The church teams are: Administration, Deacons, Equipping, Worship, Pastor-Parish, Mission, Stewardship, and Vision Keepers. These teams are an important sustainer of our community and of Pastor Angie's ministry -- and also becomes a wonderful way to interact with other members of the congregation.



*For more information, please call or e-mail the following: Sis Belcher, Ann Murray, Charlie Dings, Priscilla Arnaud, Linda Harmon, and Janet Kearsley. You can find them in the Church Directory or call the Church Office for assistance.*

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## Equipping Ministry and Growth Team

Equipping brings a Vision of growth and enthusiasm to our church. We envision a tree of support that encourages and equips each of us to bring our individual selves to the whole. In doing so, we not only each grow in the Holy Spirit, but we also bring that spirit and vitality outward to our church and the greater community. We encourage brainstorming, saying 'yes!' to new ideas, and assuming the best of one another.

Our team's specific ministry is to know and appreciate the people in the congregation and connect them with possibilities that reflect their spiritual gifts. We try to foster the idea of "bottom up" rather than "top down" governance. As a visual, we created the tree that hangs in Bruce Hall, where teams and officers are the roots, the support rather than an overseeing hierarchy. In order to know the congregation better, we have recently revised and simplified The Gifts We Bring survey and will have these available for the Stewardship program next fall. We will examine the best ways to utilize these surveys so that they each tell a story and can be appreciated in whatever way feels most meaningful to the writer.

We also realize that bottom-up governance can be a bit more scattered than conventional top down governance, so we created The Ministry Support Network – connecting each of the individual ministries to a particular team if they ever feel the need for some support or conversation. These connections are color-coded on the tree in Bruce Hall.

We can always do more – and often brainstorm and formulate projects that will help to create the atmosphere of an organic community. We are fortunate to have Pastor Angie who graciously encourages personal growth in each of us in all sorts of ways. Our team recently read *The Organic Community* by Joseph R. Myers. Myers encourages collaboration – allowing a spirit of diversity, individuality, creativity and wholeness to emerge. Digging around and planting in that soil is the source of God's unexpected wonder and surprises. Team members — Priscilla Arnaud, Sis Belcher, Charlie Dings, Linda Harmon, Janet Kearsley, Ann Murray.

Submitted by  
Janet Kearsley

## COVENANT OF WELCOME

*Because we seek to walk in the way of Jesus, inspired to live compassionately, authentically and honestly, we at the Cotuit Federated Church declare ourselves to be open, affirming and reconciling. We proclaim this covenant of welcome to everyone, especially if you have known the pain of exclusion in the church and society.*

*At CFC, we have promised to be a conduit of God's love, a wellspring of spiritual growth, and a sanctuary for holy worship. Know that you will be embraced and loved for who you are. No matter your race, ethnicity, sexual orientation, gender identity or expression, family structure, faith background, abilities, doubts, troubles, or economic circumstances, you are warmly invited to break bread at our communion table, to share in all the sacraments, fellowship, ministries, leadership roles, joys and sorrows of our faith community.*

*We will journey with you. We will believe in you, encourage you to believe in your gifts and to go where you feel holy and alive as a beloved, beautiful, strong child of God.*

*No matter who you are or where you are on that journey, you are more than welcome here.*

**Look on the Weekly Word for more opportunities to get involved!**



## BUILDING EXPANSION TEAM

The **Building Expansion Team (BET)** has started 2021 with significant progress and we are very excited to report what we have accomplished to date and what plans we have in the next couple of months.

### Accomplishments Since November 2020

- The Building Design team had several meetings with Conserv, our architecture, engineering, and construction firm that we hired last September. The results of these meeting has produced architectural renderings that we reviewed with the BET members in January. We are very pleased with Conserv's designs and projected costs, which align with our current fundraising, space needs and design goals in mind.

I am pleased to share that we have already raised \$2.5 million of the estimated \$3.5 million we will need to make this project a reality. I am truly grateful to the 74 members of our church and community who have participated thus far.

Based on the architect's renderings, Peter Rohner has re-designed his 3-D model, which you will see below. This is a wonderful presentation of the exterior of the church, the adjoining renovated space and the new Fellowship Hall.

- Starting the first week of February, a series of Zoom meetings were conducted with the church teams — Administration, Deacons, Equipping, Pastor-Parish, Stewardship and Worship. The purpose of the meetings was to update the team members on the status of the building plans and the capital campaign, receive their guidance and answer questions based on the information we had at the time.

### Next Steps Through March 2021

- A meeting with the congregation is scheduled for **Sunday, February 28**, right after church services. The Zoom meeting will be similar to the presentations conducted with the church teams. At that time, you will have the opportunity to view the updated 3-D model and the architect's renderings and ask your questions.

CO-MODERATOR  
Tim Wakefield

CO-MODERATOR  
Amy Fish

ADMIN. TEAM CHAIR  
Tim Wakefield

CLERK  
Leigh Maccini

TREASURER  
Ellen Wakefield

FINANCIAL SECRETARY  
Laurie Dings

ASST. FINANCIAL SECRETARY  
Peter Rohner

HISTORIAN/LEGAL DOCUMENTS  
Beth Crouch

LAY DELEGATES  
Open

SAFETY/COVID-19  
Amy Fish



- A letter from Pastor Angie will be sent to all congregation members **in early March** to reflect on our accomplishments and to invite all to participate in the capital campaign, which had been paused due to the pandemic. The following is a schedule related to the capital campaign:
  - \* The capital campaign will re-launch on **March 14** asking all congregation members to participate. Donations of any size are welcomed based on what people are able to contribute. Your participation is important for all of us to accomplish this important endeavor.
  - \* On **March 21**, Pastor Angie will bless all pledges that were made.
  - \* The total amount of all pledges and donations will be announced on **March 28, Palm Sunday**.

Thank you to all that have made donations and pledges. If you have any questions, please contact BET member, Jennifer Loughran at [loughranjk@att.net](mailto:loughranjk@att.net).



## MARK YOUR CALENDAR

**Sunday, February 28 | 11:30 a.m. ZOOM meeting**

More information will be posted in Weekly Word e-mail.

## BUILDING EXPANSION PRAYER

*Dear God,  
Our little church with  
a big heart yearns to grow.*

*With your guidance,  
our expansion team has  
been diligently working on a  
physical plan to meet  
the needs of our ministries.  
They have attentively  
considered the thoughts  
and desires of our  
congregation and the  
surrounding community.*

*Please bless them that they  
may feel our love and  
appreciation as we continue  
to faithfully follow your will.*

*This project requires a  
monumental financial  
commitment. Please  
continue to lead  
the capital campaign's  
growth so that this endeavor  
becomes a reality --  
that our little church grows  
to accommodate  
our big hearts.*

*In doing so, may we  
continue our work in  
spreading your love and  
kindness in the ways that you  
direct us.*

*Amen.*



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## About the season of Lent

### Ash Wednesday

Ash Wednesday emphasizes a dual encounter: we confront our own mortality and confess our sin before God within the community of faith. The form and content of the service focus on the dual themes of sin and death in the light of God's redeeming love in Jesus Christ.

The use of ashes as a sign of mortality and repentance has a long history in Jewish and Christian worship, and the Imposition of Ashes can be a powerful nonverbal and experiential way of participating in the call to repentance and reconciliation. This practice is the historic focus of Ash Wednesday observance and gave the day its name. It is traditional to save the palm branches from the previous Passion/Palm Sunday service and burn them ahead of time to produce the ashes for this service.

This year we are celebrating Ash Wednesday virtually. Each participating member of CFC received a gift bag with various items, including Ashes for the service. There will be an instructed time during the service when you will symbolically place ashes on your forehead.

For individuals who did not receive ashes, they are available in the Church Office during regular business hours.

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### Ash Wednesday

February 17, 2021

at 7 p.m.

Ashes provided in delivered bags.



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### Maundy Thursday,

April 1 at 7 p.m.

Services via FaceBook Live.

Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo-Saxon word *lencten*, which means "spring." The season is a preparation for celebrating Easter. Historically, Lent began as a period of fasting and preparation for baptism by converts and then became a time for penance by all Christians. The First Sunday describes Jesus' temptation by Satan; and the Sixth Sunday (Passion/Palm Sunday), Christ's triumphal entry into Jerusalem and his subsequent passion and death. Because Sundays are always little Easters, the penitential spirit of Lent should be tempered with joyful expectation of the Resurrection.

The Great Three Days—sometimes called the Triduum or Pasch—from sunset Holy Thursday through sunset Easter Day are the climax of Lent (and of the whole Christian year) and a bridge into the Easter Season. These days proclaim the paschal mystery of Jesus Christ's passion, death, and resurrection. During these days, the community journeys with Jesus from the upper room, to the cross, to the tomb, and to the garden. They should be seen as a great unified service beginning with a service of Holy Communion on Holy Thursday and concluding with the services of Easter Day. These services may be connected with a prayer vigil lasting from Holy Thursday evening (or Good Friday) until the first service of Easter and may be accompanied by fasting.

Article source by The United Methodist BOOK OF WORSHIP.

## EASTER SERVICES—Sunday, April 4, 2021

*Sunrise Worship: 6 a.m. at Loop Beach*

*[Please register on-line. Limited space.]*

*Festival Worship: 10 a.m. via FaceBook Live*



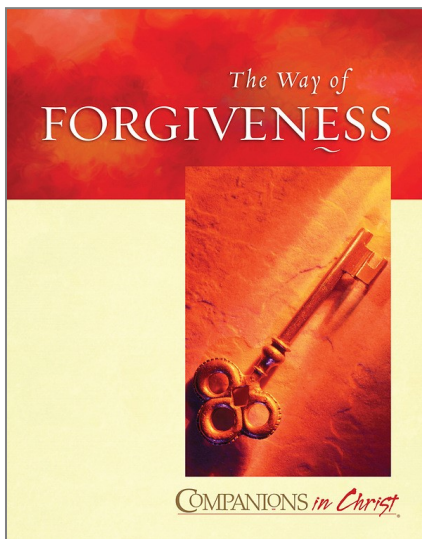


## Small Group Book Study for LENT

**The Way of Forgiveness** — Written by the same author of *The Way of Blessedness* that we studied last fall, *The Way of Forgiveness* continues the study of Jesus' sermon on the Mount.

It takes a lot of willingness and practice to see life from God's perspective. Perhaps nothing goes more against the grain of human nature than the ideas of forgiving those who wound us and accepting forgiveness from others. *The Way of Forgiveness* explores how to deal with these issues to preserve "the beauty of our souls" and to fulfill the teachings of Jesus in the Sermon on the Mount. In this 9-week study, Thompson breaks down the transformational process by first examining shame, guilt, and anger. A full release of these feelings not

only leads to the wholeness that Christ taught, but also takes us on a path of freedom and joy. A unique feature of this book is the inclusion of a reproduction of Rembrandt's *Return of the Prodigal Son*. Over the course of the study, the art work will serve as a focal point for reflection and discovery.



**Wednesdays at 6:30 p.m.** on Zoom (see link and passcode below).

Books are available at church for \$10.

**February 24:** Introduction & Covenant

**March 3:** Chapter 1 Living In God's Blessing

**March 10:** Chapter 2 Releasing Shame & Guilt

**March 17:** Chapter 3 Facing Our Anger

**March 24:** Chapter 4 Transforming Our Anger

**March 31:** Chapter 5 Receiving God's Forgiveness

**April 7:** Chapter 6 Forgiving Others

**April 14:** Chapter 7 Seeking Reconciliation

**April 21:** Chapter 8 Becoming the Beloved Community

Join Zoom Meeting

[https://us02web.zoom.us/j/88138431449?](https://us02web.zoom.us/j/88138431449?pwd=eEhKdHFqOVlrZ1hOMEZmZ3hUOEEdhQT09)  
[pwd=eEhKdHFqOVlrZ1hOMEZmZ3hUOEEdhQT09](https://us02web.zoom.us/j/88138431449?pwd=eEhKdHFqOVlrZ1hOMEZmZ3hUOEEdhQT09)

Meeting ID: 881 3843 1449 | Passcode: 950216

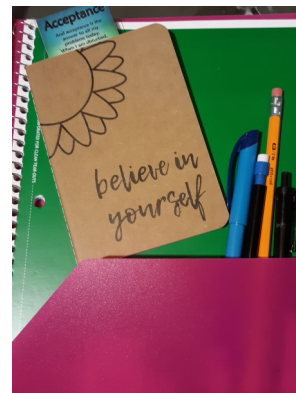


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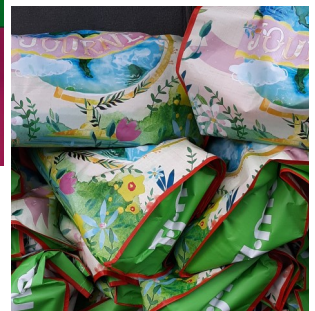
## Emerson House Christmas Gifts

While COVID restrictions made shopping more challenging, residents at the Emerson House still received Christmas gift bags from the CFC Mission Team. Bags included special journals for the women, and lots of baby items. In order to maximize the funding, items are purchased throughout the year — taking full advantage of sales. Thank you for your continued generosity!

— Chris Robello & Barbara LeClair



2020 Gift Bags



2019 Chris Robello & Barbara LeClair delivering gift bags



## YOUR GIFTS providing for Others

The following are expressions of gratitude for the various acts of discipleship and mission our CFC congregation has shown to individuals, families, and organizations.

- Holiday Food Baskets
- Christmas Poinsettias
- Jesus rocks
- Fellowship
- Healing Prayers
- Cards/Notes
- Financial Contributions
- Gift Cards
- Prayer Shawls

*These are just a sampling of the thank you notes we have received. If your note was not included, know that your gratitude was received and offered us encouragement for our work together to serve God.*

★ Dearest Angie and CFC Family, Lisa and I can't begin to thank you for such a wonderful gift. It truly means more to us than we can find the words to say. We have never been so blessed to have such a beautiful and loving family. You are always here for us and thank you is just not enough words to say. Please know we love you all dearly and we are so blessed to have you in our lives. Thank you again and much love and blessings to you! Love Franny & Lisa

★ Dear Friends, I wanted to thank you for the many kind notes and cards you have sent over the last months. Recently I underwent a scan, the first post chemotherapy and surgery, and it showed no signs of cancer, I'm happy to say! Certainly, 2020 has been a challenging year for so many. Please know how much your expressions of concern and encouragement made a difference at a time when I needed it the most. Chris and I are fortunate to live in such a caring community. Thanks again for being my rainbow on a cloudy day. Yours truly, Audrey

★ Dear Cotuit Federated Church, Thank you for the Thanksgiving feast and Joe is the chef for the day. He cooks a great turkey. Jamie and Chris cook the veggies and fixings. And I am blessed because all I do is eat. Hope all is well! Linda

★ Dear Rev. Angie—I wanted to send along a note of thanks for the generous financial donation that you and your faith community gave to the Boy Scout Troop #52. My son, David, has been an active member of this amazing troop for several years now. The life skills that begin with honor and include helping others are just a couple lessons he has learned to incorporate into his daily life by being a boy scout! To hear that the community that Troop #52 holds so dear, has thought to help them is so beautiful and generous! These funds will certainly allow for these kids to keep growing and learning with the honor and duty to God as their Boy Scout creed recites. The relationship between Troop #52 and the Cotuit Federated Church is special and beautiful! Thank you! Sincerely, Stephanie

★ To Cotuit Federated Church & The Cotuit Fire Firefighters – Pastor Angie and the Cotuit Firemen, thank you with loads of gratitude for helping our family for Thanksgiving. The abundance of food will last quite awhile. We appreciate this food very much. Pastor Angie, it's been very nice to have members of the church calling periodically. This has been very special. It's hard not to feel isolated these days. I truly hope everyone is in good health as best can be. Love & Thanks Maryann & Family.

★ Dear Pastor Angie & The Ladies of Bible Group –I just want to thank you for allowing me to join your wonderful group and church. You don't know how much it has helped me to cope with life these past weeks. Pastor Angie—thank you for making me feel so welcome to the church and group. I attend every Sunday and so look forward to it. Just wanted to express my sincere gratitude. Thank you—Louise (Yvonne S. friend)

★ To our Church Family, Thank you so much for the beautiful plant and especially the precious, hand-painted rock reminding us once again that this tiny baby is indeed our savior. We wish you all a Merry Christmas and a happy, peaceful, healthy New Year. David & Brenda

★ Dear Church Family, What a wonderful surprise yesterday when Mrs. Flynn and daughter came and gave me a lovely poinsettia plant, beautiful prayer shawl, and a love stone. I am so thankful to all of you for your love and kindness. You have helped me so much during the Covid time. My best wishes for a Merry Christmas and a Happy, Healthy New Year. Again, thank you. Dotty

★ “We can do hard things” quote 2020 Pastor Angie (via Glemon Doyle). May the peace and quiet of this Christmas Season and the love of God through His son, Jesus, bring you comfort and joy this Christmas. To our generous friends at Cotuit Church, Thank you so much for the “special delivery” Christmas poinsettia and beautiful card and stone. It was so nice to see the kind eyes above the masks of our Cotuit Federated Church friends on Sunday. Thank you. Sincerely, Gary & Lisa

★ To Ken and Everyone at the Cotuit Federated Church and the Cotuit Fire Department, Thank you so much for making our Thanksgiving so wonderful! The girls at Chase House

★ Dear Rev. Ballou and your congregation, We feel incredibly blessed to have received a generous donation of \$500 from you for our Teen Program. We will use these funds to continue to expand the

program to reach more teens and families. We provide a non-judgmental safe fun space for teens to build awareness around their substance use and support them as they explore a path of recovery. Please feel free to contact me at anytime if you'd like more information about the program. May 2021 bring us all together! Stephanie Briody, CEO, BHI, Inc. Founder of Recovery Build APG Program

★ Hello Pastor, We just received a check with your generous donations to our Family Table Collaborative -- thank you so much. We continue to distribute cooked, family dinners twice a week. During Christmas week, we did our holiday special meal distribution in Hyannis and then in Sandwich Tuesday night. We were able to provide nearly 1,500 dinner servings. It is great we can help so many - but quite amazing there are so many in need. Donations like yours will help us pay for additional food items beyond what is donated and packaging supplies for distributing to individual families. We really appreciate your help. Harry Henry, Board President, Cape Cod Culinary Incubator

★ Dear Rev. Ballou, I wanted to thank you for your leadership of stewardship of the community over the last 7 months. I was moved and comforted during the early days of the pandemic as you set a powerful and inspiring tone in the community—zoom calls and work of your congregation. The powerful calm that you have projected through this difficult time has been a source of grace for me and many others across the town. Thank you again and wishing you health and peace. Best, Jim

### **Want to get involved . . .**

New information and mission offerings are posted regularly in the Weekly Word e-mail. If you don't receive the e-mail on Fridays, sign up at [www.cotuitfederatedchurch.org](http://www.cotuitfederatedchurch.org).



## CHURCH SCHOOL

Zoom Church School takes place every Sunday from 9:15-9:45. Follow up activities for each lesson were mailed to families at the beginning of the winter quarter and children are invited to use the materials to further their understanding of the day's lesson. We begin each session with a "Follow the Story" Power Point that helps children see the connections between the current story and previous sessions. Seeing and hearing these connections each week supports understanding of both the stories and the passage of time in the Bible.

The birth of Jesus from the Gospel of Luke began the quarter. The Gospel of Mark is the focus of our lessons now. Children are learning about Jesus' ministry: the parables he told, the miracles he performed. Children make connections between the scripture and their own lives and are invited to share those connections with the group.

Vacation Bible School will be held this summer, either in person or via Zoom. Be on the lookout for information about dates and format. In the meantime, be well!

Blessings,  
Lynn

### CHURCH SCHOOL:

Lynne Belfiore  
Church School Director  
(508) 428-8896  
cotfedced@gmail.com



### How To Dye Easter Eggs Naturally



**Author** Heather Dessinger.  
Source: (<https://www.mommypotamus.com/dye-easter-eggs/>)

*Download this three-step process to make natural dyes to color eggs.*

#### Equipment

- pots (3-5)
- mesh strainer
- small bowls or mason jars

#### Ingredients

- Natural dye materials (shredded beets, turmeric, etc)
- Filtered water
- 1 - 2 tbsp vinegar (per dye color)
- eggs (however many you want to make)
- Coconut or olive oil (optional – for adding luster to eggs)

#### Instructions

DOWNLOAD complete recipe and instructions at [www.mommypotamus.com/dye-easter-eggs/](https://www.mommypotamus.com/dye-easter-eggs/).

#### PINK:

- 2 cups water
- 2 cups peeled, grated beets
- 1-2 tablespoons white vinegar

#### ORANGE:

- 2 cups yellow onion skins
- Enough water to cover skins by 1 inch
- 1-2 tablespoons white vinegar

#### YELLOW:

- 2 cups water
- 1 tablespoon turmeric
- 2 tablespoons vinegar creates

#### GREEN or BLUE:

- 2 cups shredded purple cabbage
- Enough water to cover cabbage by 1 inch
- 1-2 tablespoons vinegar

#### PURPLE:

- 1-2 cups homemade beet kvass – as much as is needed to cover the eggs.



## COTUIT NURSERY SCHOOL

Hello again from the Cotuit Nursery School! A few more children have joined our program since our last update. We currently have 9 students enrolled in our MWF program and 7 in our TTH program. We continue to offer creative, fun learning opportunities to our busy, energetic students in a safe, socially-distanced environment. Some of our annual activities have needed to be modified per government recommendations. For example, our Thanksgiving Feast and our Holiday Parties were held with students and teachers only. Santa paid us a "virtual visit" as he recorded a video at his workshop and emailed it to the school. We posted it on our Facebook page, emailed it to every enrolled family and viewed it during class time.

We created a GoFundMe page to help bridge the budget deficit we have as a result of COVID imposed registration restrictions. The \$2021 for the year 2021 campaign was successful and so far has raised \$2270 for our school. We also received some additional donations via mail, including a donation to cover one week of tuition for the entire school!! Our families appreciate this generosity!

In the spring we typically hold a Potluck Dinner and Auction to raise money for the Playground Fund. Cotuit Nursery School maintains the playground that is on the Village Green and will need to weed, rototill and spread a minimum of 20 yards of mulch

in order to be compliant with the Massachusetts Department of Early Education and Care's regulations. Since we are not allowed to hold the Potluck Dinner and Auction in person due to COVID restrictions, we will create a "calendar raffle" instead. We will sell tickets during the month of March and draw a winner each day during the month of April. Donations of prizes are being collected at this time and include items and gift certificates from local businesses. (restaurants, Cape Air, haircuts, Roche Brothers and more!) Watch the Weekly Word e-mail for more information as we get closer to the event. We welcome your participation!

Please visit our Facebook page ("Cotuit Nursery School") to see our art and activities. Registration is also open for the 2021-2022 school year, so spread the word!

We are thankful that we are able to hold in-person classes and offer such a great first educational experience to the children and families of Cotuit and the surrounding areas. As always, thank you for your support!!

### **Cotuit Nursery School**

Cindy Faszewski | Carol-Jean O'Toole | Mary Strassel

PO Box 1671, 40 School Street, Cotuit MA 02649

Phone: 508-428-1470

e-mail: [cotuitnurseryschool@yahoo.com](mailto:cotuitnurseryschool@yahoo.com)



## BLOOD DRIVES

Every two months, Cotuit Federated Church holds a Blood Drive for Cape Cod Healthcare. Your giving can provide life-saving support to a person in need here on Cape Cod! The following are the 2021 Blood Drives held on Mondays — March 22 & 23 (**NOTE: Tuesday, March 23 will be later hours 12:30 p.m.—6:30 p.m.**), May 24, July 26, September 27, and November 22. The hours are usually 9 a.m. to 2:30 p.m. More details will be provided in the Weekly Word e-mail sent on Fridays.



[www.capecodhealth.org/give-blood](http://www.capecodhealth.org/give-blood)

## MIRACLE KITCHEN

*Each second Thursday and fourth Tuesday of the month, volunteers serve a hearty lunch for the homeless at the Hyannis Salvation Army Center. We are still meeting and making sandwiches in the kitchen and delivering them. Look for sign-up in the Weekly Word e-mail.*

[www.cotuitfederatedchurch.org](http://www.cotuitfederatedchurch.org)

223 Low Road  
Sharon, CT 06069  
860-364-5526  
[slcc@silverlakeect.org](mailto:slcc@silverlakeect.org)

## 2021 SUMMER CAMP

Registration is now open!

Open House  
May 16, 2021



## Don't miss out on the magic of Silver Lake!

At Silver Lake, they are committed to welcoming campers just as they are, encouraging them to be their full and authentic self and know they are loved. In 2021, it will be even more intentional about offering a space where campers are welcomed, safe, and feel at home, so that they can be a part of this beloved community.

A non-refundable \$150 deposit is required to process your registration. An additional payment of half your remaining total is due by April 1. The balance is due by June 1.

A few weeks before your session, you will receive a letter in the mail with details about your conference. A packing list is available in the on-line Parent Guide.

Scholarship information is also available to choose the cost your family can afford, and helps keep Silver Lake accessible to all.

For more information or to register go to:

[www.silverlakeect.org](http://www.silverlakeect.org)

**Camp is offered for Grades 5th -12th and 2021 graduates.**

*The safety of our campers and guests is always the first priority of Silver Lake Conference Center. We are continually reviewing our policies and procedures to ensure we are following the best practices of the camping and retreat industry, as well as applicable state and federal guidelines.*



# MARK YOUR CALENDARS

## Upcoming Events



The Cotuit Federated Church will gather for the 2021 Annual Meeting in June, following worship. Due to the COVID pandemic and State Regulations, we will continue to keep you posted on what this will look like closer to the date and time of the meeting (whether we will be hosting the meeting on-line or in-person). Please check the Weekly Word for up-to-date information.

In the meantime, Team Ministry Leaders are asked to submit their Annual Reports regarding their activity during the past year. Reports are to be submitted to the Church Office (preferably electronically and editable). If you do not have Microsoft Word, please put in an e-mail and send to [cfc436@comcast.net](mailto:cfc436@comcast.net). Attach any relevant documents or photos (especially pictures). Reports should be submitted no later than **Monday, May 3**.

If you have any questions or need more information, please contact Margaret Margolis at 508-428-6163 or [cfc436@comcast.net](mailto:cfc436@comcast.net).

OFFICE HOURS: *Tuesday—Thursday 9 a.m.—2 p.m.  
Friday 9 a.m.—1 p.m.*



The Annual **CraftFest Cotuit** dates are set – mark your calendars for **August 21 and August 22!** During these two days in August, the Cotuit Village Green will become the largest outdoor crafts festival on Cape Cod. More than 100 artisans and craftsmen will gather at this premier showing of skilled craftsmanship and artistic talent. The steering committee will begin planning this spring. There are many opportunities for you to join in and help support this event. We look forward to another fun and inspirational event by the sea! For information, please contact

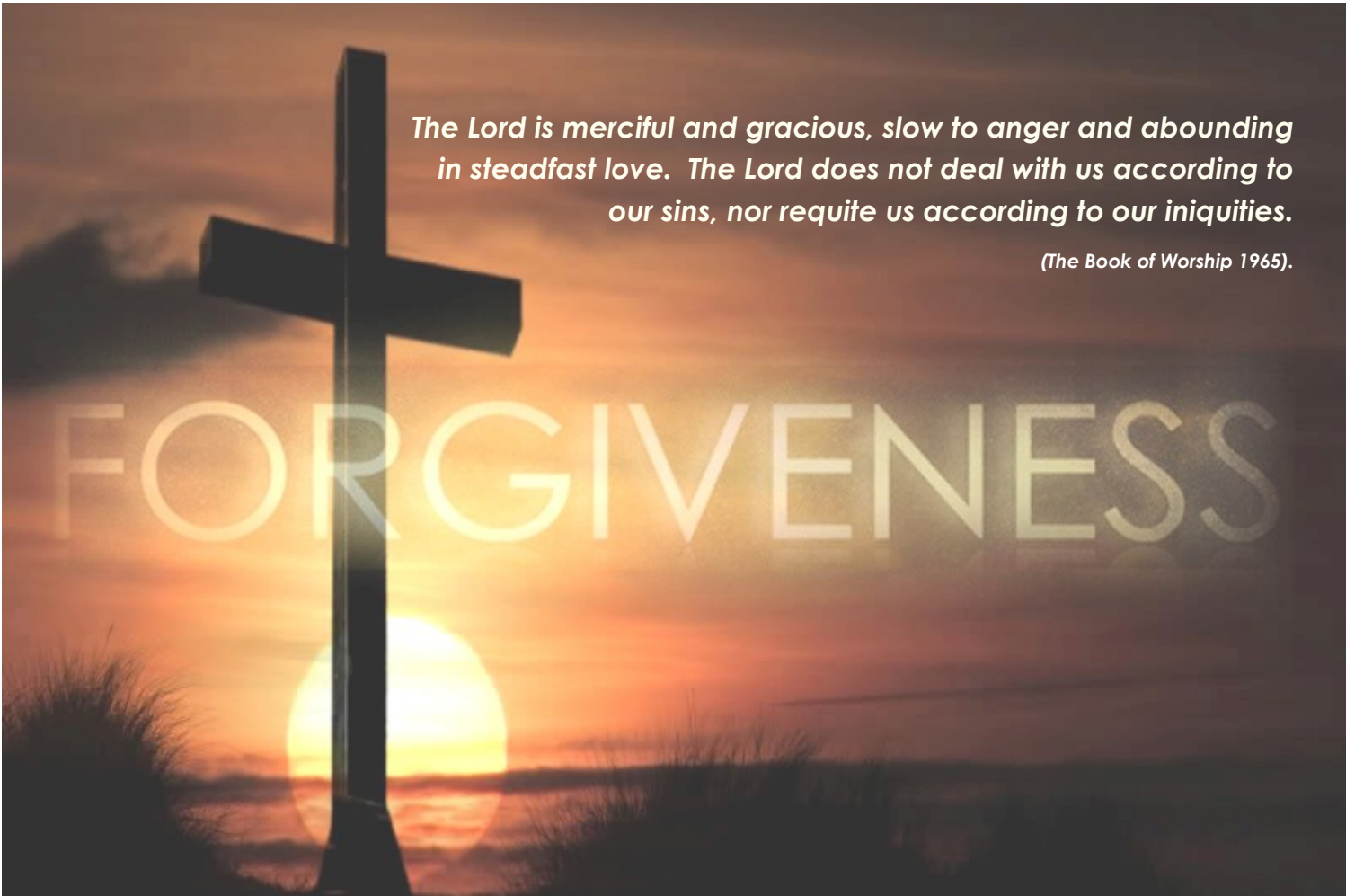
Joan Roberts at 774-521-3439 or  
[rj02635@hotmail.com](mailto:rj02635@hotmail.com).

## EASTER FOOD DRIVE

### ***Neighbors in NEED at Easter . . .***

Our Mission Team and the Cotuit Fire and Rescue will provide Easter food baskets for local families needing additional support. The Cotuit Fire and Rescue will provide hams, while our church family provides the rest of the meal.

Please bring items to Bruce Hall during regular Office Hours. Additional information will be posted in Weekly Word.



*The Lord is merciful and gracious, slow to anger and abounding  
in steadfast love. The Lord does not deal with us according to  
our sins, nor requite us according to our iniquities.*

*(The Book of Worship 1965).*

FORGIVENESS



## COTUIT FEDERATED CHURCH

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40 School Street • Post Office Box 436 • Cotuit, MA 02635

PLEASE  
PLACE  
STAMP  
HERE

No matter  
who you are  
or where you  
are on  
life's journey,  
you are  
welcome  
here.